

# Fundraising Events For Barnardos 2021 Calendar



## Dates To Remember

<b>January</b>	18 <sup>th</sup> Blue Monday
<b>February</b>	<b>BARNARDOS FAMILY MARATHON IN A MONTH</b>
<b>March</b>	17 <sup>th</sup> St. Patricks Day 20 <sup>th</sup> International Day of Happiness 22 <sup>nd</sup> Mothers Day
<b>April</b>	<b>BARNARDOS STEP FOR GOOD IN APRIL</b> 2 <sup>nd</sup> & 3 <sup>rd</sup> Cadburys Easter Egg Hunt
<b>May</b>	15 <sup>th</sup> International Day of Families 20 <sup>th</sup> Jump for Barnardos
<b>June</b>	7 <sup>th</sup> VHI Women's Mini Marathon 20 <sup>th</sup> Fathers Day
<b>July</b>	<b>BARNARDOS MOUNTAIN CHALLENGE</b>
<b>August</b>	<b>CYCLE TO WORK WEEK</b>
<b>September</b>	<b>30 DAYS HAS SEPTEMBER</b> 10 <sup>th</sup> Barnardos National Collection Day
<b>October</b>	23 <sup>rd</sup> – 25 <sup>th</sup> KBC Dublin Marathon 31 <sup>st</sup> Halloween
<b>November</b>	<b>300,000 STEPS IN NOVEMBER</b> 20 <sup>th</sup> World Children's Day
<b>December</b>	<b>BARNARDOS CHRISTMAS APPEAL</b>



## Themed activities & events for staff

- **HOST WELLNESS EVENTS** like yoga, meditation, music lessons or inspirational speakers in your work place or online.
- **DECLUTTER YOUR HOME** and donate your old clothes, books and unwanted Christmas gifts to Barnardos charity shops.
- **RUN A MARATHON** with your family over February and fundraise online with other families all over Ireland.
- **GO GREEN FOR BARNARDOS** – Everyone wear or eat green for the day to celebrate St. Patricks day or organise a green environmental themed activity.
- **ORGANISE VIRTUAL LAUGHTER YOGA** for staff to get everyone smiling :)
- **STEP FOR GOOD** with friends and family. Set a step target for you and your walking buddy to reach each day to do together or virtually. A great way to motivate each other to get out for a walk every day and to see how many steps you can clock up together in April.
- **JOIN US** online this year and have your own Easter egg hunt.
- **PROMOTE THE IMPORTANCE OF FAMILIES IN YOUR WORKPLACE** by having a family lunch, kids party or colouring competition to support Barnardos families.
- **ABSEIL DOWN 190FT** off the Generator Sky View Tower in Smithfield, Dublin.
- **FORM A WOMENS RUNNING TEAM** to complete the 10k virtually as a work team or at the event in Dublin
- **CALLING ALL COMPANIES TO PARTICIPATE IN A HIKE** up the highest peak in your county. This can be done with family, friends or work team. Encourages everyone to reach for new heights.
- **TAKE ON A TEAM CYCLING CHALLENGE FOR A WEEK** – Staff can cycle to work for the week, set up stationary bikes at home or in the workplace and get teams and departments to go head to head to see who can clock up the most miles in the week.
- **WHAT NEW ACTIVITY CAN YOU DO FOR 30MINS EVERY DAY?** Cycle, Skip, Bounce, Yoga, Run up the stairs, Pick up rubbish in your locality, Walk the dog, Read a book, Dance, Play an instrument, Paint a picture!
- **JOIN BARNARDOS NATIONAL COLLECTION DAY** by volunteering to collect on our behalf in your local business or online.
- **RUN THE DUBLIN MARATHON** in aid of Barnardos this year.
- **GET SPOOKY FOR BARNARDOS** and have a halloween party, bobbing for apples, dress up in your workplace.
- **CLOCK UP 300,000 STEPS EACH THIS MONTH** to get active before Christmas comes! Set up a leaderboard in work and see which team is the most active.
- **SUPPORT BARNARDOS CHILDREN AND FAMILIES AT CHRISTMAS** by buying a Christmas Ecard, giving a year end company donation or organising a Christmas party day with festive jumpers and Christmas playlists.
- Join our Company Christmas voucher campaign to give families vouchers to buy presents, clothes and food for their children this Christmas.

Ask your staff to make a donation when taking part in activities, this will help Barnardos provide vital services for vulnerable children in Ireland.

Barnardos can provide you with branded promotional materials such as T-shirts, Sports Tech T-shirts, Posters, Balloons, Collection boxes, Sponsorship forms & Medals for your event.

**For more information on any of these events contact Louisa on 01 708 0441 or [corporate@barnardos.ie](mailto:corporate@barnardos.ie)**