

Promoting Positive Behaviour Training

Duration: 1 day training

Group size: 16 participants per training

This training can be tailored to meet the specific needs of your organisation.

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Barnardos' Promoting Positive Behaviour training is based on the work of **Dr. Karen Bierman from Penn State University**. The aim of the training is to support workers to understand that children are unique individuals who express their feelings and emotions through their behaviour. The training enables workers to explore their role in supporting children to develop their social-emotional skills.



²Bierman, K.L., Domitrovich, C.E., Welsh, J.A. and the Head Start REDD Team (2004) Promoting Social-Emotional Competence: Coaching Strategies for Teachers. Philadelphia: The Pennsylvania State University

The training helps workers look at key areas such as promotion strategies like the physical environment, induction strategies the worker should use to promote positive behaviour and finally external control strategies which should be used infrequently as there is very limited opportunity for a child to learn in these situations.

Training outcomes

Participants will be able to;

- **Describe the theoretical framework** underpinning the approach
- Recognise how child development **stages are linked to promoting positive behaviour**
- State the **key elements of the teaching pyramid**
- **Practice** a number of the promotion, induction and external control strategies
- Recognise **the link between behaviours and emotions**, and the role staff play in helping children regulate their emotions and manage their behaviour