

Reflective Practice for Early Years Professionals Training

Duration: 1 day (10am-4pm) or over 2 half days

Group size: 16 participants per training

This training can be tailored to meet the specific needs of your organisation.

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“We do not learn from our experience... we learn from reflecting on experience.” John Dewey

The aim of this training is to assist participants to begin or continue to reflect on their own practice as they engage with clients and colleagues.

Participants will have the opportunity to look at several examples of reflective tools and exercises where they can practice identifying some of the characteristics of different types of reflection.

Barnardos Reflective Practice for Early Childhood Professionals is the recommended resource as an accompaniment to this training.

Participants receive a certificate of attendance

Training outcomes

Participants will be able to:

- **Describe what reflective practice is** and how it can benefit their work with children and colleagues
- **Reflect on personal attitudes and learning styles** and how these impact upon self-reflection
- **Explore a model of reflective practice** and how it can be applied in an early years setting
- Identify some **basic tools that will assist practitioners** to reflect on their work
- **Recognise barriers** to reflective practice
- **Develop strategies to overcome barriers** to reflective practice
- Learn where to access **further information and support** regarding reflective practice

The course will involve presentation, case studies and group exercises