

EVALUATION OF THE PARTNERSHIP WITH PARENTS™ PROGRAMME

Online Supplement

November, 2019



Appendices

Appendix A – Information Sheets



Partnership with Parents™

Parent Information Sheet

Evaluation of PwP Programme

Partnership with Parents:

Partnership with Parents (PwP) is a one-to-one parent support programme developed by Barnardos. The programme is tailored to meet the specific needs of children and their families. PwP is designed around 'what works' so that it can make a real difference for parents and their children. PwP is delivered using plug-ins that focus on behaviour, social development, routines, education and physical development. Parents are also offered crisis management and practical support, if necessary. The programme is particularly suitable for working with parents of children in the 6-12 age range.

The Research:

Barnardos wish to offer the best service and assistance to the children and families that we work with on a daily basis. To do this we need to know if the services that we offer 'work' for children and families. We are currently carrying out a research study the Partnership with Parents programme and are speaking to parents, children, staff and stakeholders about their experiences of PwP. The results of this study could help us improve our services to children and families around the country.

Your Experience Matters:

We want to hear about your experience of working with Barnardos and Partnership with Parents. We want to know what you found useful and not so useful about the programme; how it helped you and your child(ren) and if there is anything you would change about the programme. To do this, a researcher from Barnardos would like to speak with you about your experiences. We would like to gather these experiences for our study. Taking part is entirely voluntary. We will be recording our conversations so we don't miss anything but you will not be identified in our research and your information will be stored securely. We will provide a consent form which will explain this further if you would like to take part. If you wish to take part please let your local Barnardos Worker know and we will arrange to get in touch.

Thank You



Partnership with Parents™ Evaluation of PwP Programme-

Child Information Sheet:

What's the research about?

Barnardos believe that all children matter. We support children, parents, families and communities. Some families come to Barnardos to get some help to get along better and to give mums, dads and carers new ideas to help children grow up happy and healthy. Barnardos recently worked in your home with you and your family and we would like to find out a bit more about what this was like for you.

Who wants to talk to you and what does this mean?

Because we think what you have to say is really important we have a team of researchers travelling around the country to talk to kids just like you. If you decide to take part, one of our researchers will contact you and your parent/guardian to set up a time and place that suits you to have a chat with us. We really want to know what it was like to have Barnardos work with your family and we'd like to record what you have to say so we don't forget anything. We won't use your name in our research and only our researchers will hear the recording. All of this will take about half an hour and if you'd like to bring someone with you that's no problem at all!

It's your choice to take part.

It's completely up to you if you want to take part. If you do take part, you can stop talking at any time or take a break if you need to, we won't mind. You can also decide at any stage if you don't want to take part anymore.

What happens next?

If you would like to take part please tell your parent or guardian and they can let our Barnardos worker know. We'll get in touch then and will spend some time with you to make sure you are happy to go ahead before we start. We'll ask you to sign a form to say this is OK and if you tell us something that makes us worried for you or someone else we might tell the Barnardos worker about this to make sure everyone is kept safe.

Thank You



Partnership with Parents™

-A Longitudinal Evaluation-

Child Assent Form (5-10):

(Name of interviewer) works at Barnardos. Barnardos believe that children have the right to be the best they can be and to be happy and safe and we understand that your parents, carers and family are the most important people in your life. Sometimes families come to Barnardos to get some help to get along better and sometimes to give mums, dads and carers new ideas to help children grow up happy and healthy.

Barnardos recently helped you and your family and we would like to find out a bit more about what this was like for you. Because we think what you have to say is really important we will record it so that we don't forget anything.



You can stop talking at any time or take a break if you need to, we won't mind. And if you want to bring a grown-up with you when talking to us that is okay too. We won't be using your name when we talk to other people about what you have to say.

If you tell us something that makes us worry about you or someone else we will have to tell another grown up and follow what we call Children First Guidelines.

These are like rules that all grown-ups, who work with children, follow to make sure that all children are kept safe. But don't worry, we can explain all this if this happens.

I am happy to talk to (interviewer) about the time Barnardos helped me and my family.

Signed (Child):

Date:

Signed (Researcher):

Date:



Partnership with Parents™

-A Longitudinal
Evaluation-

Child Assent Form (11-17):

(Name of interviewer) works at Barnardos. Barnardos believe that all young people should be valued equally. Barnardos support families, communities and challenge society and government to do this.

Some families come to Barnardos to get some help to get along better and to give mums, dads and carers new ideas to help children grow up happy and healthy.

Sometimes families come because there have been big changes in their lives and they may need some help to understand or talk about these.

Barnardos recently worked in your home with you and your family and we would like to find out a bit more about what this was like for you.

Because we think what you have to say is really important we will record it so that we don't forget anything. You can stop talking at any time or take a break if you need to, we won't mind. And if you want to bring a support person with you when talking to us that is okay too.

We won't be using your name or your family's details, such as their names or address, when discussing any of the information you provide to us.

If you tell us something that raises a concern for you or someone else we will have to pass this information on to an appropriate person such as a Barnardos Worker or Social Worker. We are obliged to do this under National Children First Guidelines.

I understand all of the above and am happy to speak to the researcher (please tick)

Signed (Participant):

Date:

Signed (Researcher):

Date:



Partnership with Parents™
-A Longitudinal Evaluation-

Parent/Carer Consent Form (child participation):

I agree that (Researcher's name) (Researcher with Barnardos) may seek my child's permission to participate in this project.

I have read the information sheet provided and this and my child's consent form. I have had the opportunity to ask (researcher) questions about my child(ren)'s participation.

I understand that everything my child(ren) talks to (researcher) about is confidential. If my child(ren) tells (researcher) something that indicates that he/she might be in danger, (researcher) may need to talk to somebody else about this. If this does happen, (researcher) will firstly:

- Talk to my child(ren) and tell my child(ren) about her concern;
- And where appropriate talk to me and let me know what the concern about my child(ren) is.

I understand that obligations under Children First: National Guidance for the Protection and Welfare of Children (2017) will be adhered to in this study.

I understand that my child(ren)'s names and any other identifying details will be changed in the final report and they will remain anonymous.

I understand that the information (researcher) gathers may also be used for training seminars/presentations and other written material.

I understand the interview will be audio taped and handwritten notes taken.

I have received a copy of this consent form.

I can change my mind at any time about my child(ren)'s participation.

Signed (Parent / Carer)

Date

Signed (Researcher)

Date



Partnership with Parents™
-A Longitudinal Evaluation-

Parent/Carer Consent Form:

I agree to talk to (Researcher's name) (Researcher with Barnardos) as part of the above named project.

I understand that...

(Researcher) is interested in learning more about how parents/carers and children experience Barnardos Partnership with Parents Programme. (Researcher) will ask some questions about my own child(ren)'s experiences and my personal views on the programme.

My participation is entirely voluntary. I am free to end the interview at any time and I do not have to answer any question I do not feel comfortable with.

(Researcher) will record the interview on an audio-tape and the interview will be transcribed.

The information gathered will be written up in a final report and may be later used for presentations, training and other written material.

All information I give to (Researcher) will remain confidential and my name and other identifying information will be changed to protect my privacy.

If (Researcher) is told something that indicates that a child might be in danger of harm, she may need to talk to somebody else about this. If this happens such information will be discussed with me before it is discussed with anybody else.

I understand that obligations under Children First: National Guidance for the Protection and Welfare of Children (2011) will be adhered to in this study

I can change my mind about participation in the project at any time without reason.

Signed (Parent/Carer):

Date

Signed (Researcher):

Date

Appendix C – Interview Guide: Parents

PwP Interview Topic Guide: Parents

Introduction:

Brief description of the study and what is being examined. Why we wish to speak with the participant and how the data will be used.

1. Ask if the participant happy to be audio recorded. (Record consent process)
2. Explain the consent process and gain consent.

Questions:

Family Situation

- Maybe we could start by you telling me about your family – about your children (age, gender), who is living in your home ...

Reflecting Back

- If it's ok with you, maybe you could think back and tell me about the time when you started Partnership with Parents?
 - Take your time, I realise that you will need to remember what was going on for you at that time...

PwP

As you know, we are very interested to hear about your experience of participating in PwP. This is because we want to learn from your experience of the programme ... so we really value your views and want to learn from your experience.

- Maybe to start, could you tell me about how you began to participate in PwP in your local Barnardos Service?
 - Can you tell us when you started with PwP?
 - How did you find out about the programme?
 - Why did you decide to do the programme?
- Can you tell me about who you worked with here at that time (name project workers)?
 - What was the experience of working with your project worker like in the beginning?
 - How often did you meet?
 - Can you tell me about your relationship with your worker?
 - Has your relationship with your worker changed over time?
 - If the parent has completed PwP, ask how end of programme was. Any outstanding need? Was it addressed?

- Can you tell me about the plug-ins you used?
 - How did you decide what plug-ins to do?
 - Wheel, PRCI
 - Do you feel that they were the right plug-ins for you?
 - PROBE: did the plug-ins address what you felt were your needs as a parent?

- Can you tell me a bit about how you did a plug-in?
 - Exercises, journal etc.
 - Was there anything that you liked about the plug-ins?
 - Anything that you didn't like? Anything you didn't feel comfortable with?
 - Was there any part of the plug-ins that you found difficult?
 - Thinking back, is there anything you would do differently?

- Do you feel PwP affected (relevant plug-ins)?
 - Your relationship with your child(ren)
 - Your child(ren)'s behaviour
 - Your child(ren)'s social interactions at home or elsewhere
 - Your ability to use routines in the household and/or with your child(ren)
 - Your child(ren)'s performance in school, results, interactions at school
 - Your child(ren)'s physical activity in the home, school or elsewhere

- Were there any challenges taking part in PwP?
 - If so, did your project worker help?
 - Is there anything that would have made taking part easier for you?
 - Is there anything you would change about PwP?

- Overall, do you feel you benefitted from taking part in PwP?
 - If so, what do you feel were the benefits of taking part in PwP?
 - What would you say was/has been the best thing about taking part in PwP?
 - Is there anything that wasn't useful?

- Do you have any support for your family apart from PwP?
 - wider family or friends?
 - Other Barnardos services?
 - Other community services?
 - Other parenting programmes?

Returning to 'Reflecting Back'

Much earlier you told me that at the time you decided to participate in PwP you were experiencing ...
 [summarise what the parent explained at the beginning of the interview] ...

- Have things changed for you since that time?
- If yes, what would you say is the biggest change that has taken place for you and your child(ren)?
- Can you briefly tell us about your overall experience of participating in PwP (Narrative)?

Final Reflections:

- Is there anything you liked about PwP?
Is there anything that you didn't like about PwP?
- Looking back on your experience would you recommend PwP to a parent in a similar situation?
Why or why not?

Conclusion:

- Is there anything you would like to add about your experience of PwP? Please feel free to speak openly – we are anxious to hear your views.
- Ending and support information if required.

Appendix D – Interview Guide: Older Children

PwP Interview Topic Guide: Children 11+

Introduction:

Ensure you know the name of the relevant Barnardos Project Worker before proceeding.

3. Brief, age appropriate, description of the study and what is being examined. Why we wish to speak with the participant and how the data will be used.
4. Ask if the participant happy to be audio recorded. (Record consent process)
5. Explain the consent process, parental consent and explain and gain assent.

Questions:

General:

- Ask the child to introduce themselves....
 - How old are you?
 - What class are you in at school now?
 - Do you have any hobbies or things that you like to do in your spare time?

Family:

- Maybe we could talk about your family now, is that ok?
 - Who lives at home?
 - Is there anyone else important to you?
- Is there anyone who helps your family out a lot?
 - When do they help out?
 - How do they help?
- As you know we are trying to learn more about whether the Barnardos worker helped your mam/dad - can you remember when [Barnardos project worker] came into your house to help out?
 - If yes, can you tell us a bit more about what you remember about this time?
 - Can you tell me what it was like having someone help your family?
 - If no, explain a little bit about work conducted with parent and when and try and gain insight from there.
- Do you remember talking to the worker from Barnardos? If yes, what was that like?

- Did the worker help your family in any way?
 - Life with your family at home
 - How you get on with [parents] (prepped examples)
 - School and results
 - Anything else
- Was there anything you liked about having [project worker] in the house?
- Was there anything you didn't like about having [project worker] in the house?
- Is there anything else you would have liked [project worker] to help with?
- Is there anything you'd like to say about Barnardos or about your family?

Conclusion:

- Ending and support information if required.

Child Interview Workbook

Description:

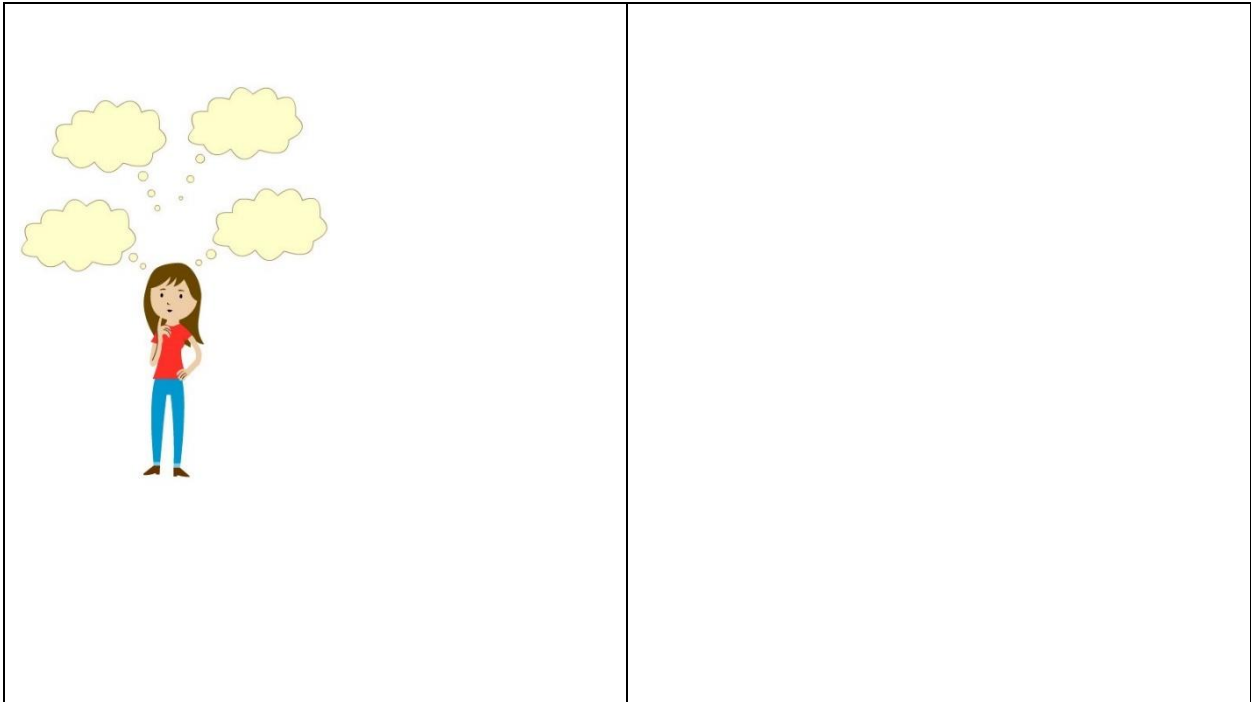
- The following draft workbook is a proposal of the type of interview material that could be utilised to interview children from 5-10 years of age.
- The following materials are child friendly, non-directive interview tasks that encourage the child to speak about their family, family environment, help and supports and outlook for the future.
- It is hypothesised that due to the nature of PwP delivery specifically with parents that younger children may not have a direct awareness of the programme or Barnardos work with their family. Children will however be able to speak to the functioning of their families and their wider social sphere in their own language and as a result of their own meaning making.
- The following materials therefore are proposed to encourage this reflection by younger children.
- Some of the materials are adapted from the 'How it Looks to me' Workbook, developed by the Children and Family Court Advisory and Support Service in the UK and also the Signs of Safety Model (Turnell and Edwards, 1999).

About me!



Where I live and
who lives with me

Who else means a
lot to me?



Is there anyone who comes to help you or your family?

Aunt

Friends



Grandparents

Uncle



Do you know/ remember [Barnardos Project Worker]?

What do you remember about [Barnardos Project Worker]'s time with your mum/dad?



Do you have anything more you want to say?



Appendix F – Interview Guide: Staff

PwP Focus Group Topic Guide: Project Staff

Introduction:

Brief description of the study and what is being examined. Why we wish to speak with the participant and how the data will be used.

1. Ask if the participants are happy to be audio recorded. (Record consent process)
2. Explain the consent process and gain consent.

Questions:

Introductions:

- Please introduce yourself and briefly tell us about your role in Barnardos
 - How long you have been working for Barnardos?
 - How many families are you currently working with?
 - How many families are you currently using PwP with?

Parenting Programmes (in general):

Perhaps we could start by talking about parenting programmes in general and your views on their role and value.

- Do you see a need for programmes that aim to enhance parenting skills or parenting capacities?
 - Probe: why/why not?
- What parenting programmes have you worked with?

PwP (General Questions):

Ok, that's very useful and interesting. So now we'd like to talk to you in a general sense about the PwP programme.

- Can you briefly tell us about your experience of using PwP with families?
- Can you tell us a little about the families you work with (composition, ages of children, socio-economic status)?
 - How do the families you work with tend to become involved with Barnardos Services?
- Can you tell us about some of the typical presenting needs of the families you have worked with?
 - Have needs changed over time?
 - Does the programme work well/ less well with parents with different needs?
 - Can you tell us your experience of engaging with fathers as part of PwP?

Lifecycle of the Programme:

- When you start to work with parents, what is that experience like?

- Probe for any issues/challenges/discomforts
- As your work with parents continues, does anything change?
 - Can you describe parents' levels of engagement with the programme?
 - Have you observed any difficulties or barriers that parents face in engaging with the programme?
- Does the programme achieve outcomes? If so, describe?
 - Prompt behavior, relationships, routines etc.
 - Are parents prepared for the end of the PwP programme?
 - Does outstanding need present?
 - Do you address and if so, how?

PwP Plug-ins:

At this point, we would like to discuss the plug-ins used in PwP.

- Which plug-in or plug-ins have you used most frequently?
- Are there plug-ins you have found more useful than others?
- Are there any plug-ins that you have no experience of using with families?
 - Follow up: If yes, why do you think that/those plug-ins have not been used?
- Can you tell us about your use of *Practical Support*?
- Can you tell us about your use of *Crisis Management*?
- From your own experience, can you speak about how families respond to the plug-ins? (Prompt: comments on their usefulness, difficulties, practical application)
 - Are there plug-ins that you feel parents don't respond well to? If yes, can you tell us some more about this?
- Is there anything you would change about the plug-ins?
 - Prompt – numbers, focus, application

Programme Design:

We are going to move on now and talk more broadly about the programme development and design.

- Tell us about the training you received to deliver PwP?
 - Did you think it was sufficient?
- Can you describe your supervision and line management with respect to PwP?
 - Is it sufficient?
- Is there anything you would change about the programme delivery?
- Do you think PwP differs from other parenting programmes? If so, how?
- Is there a particular aspect of PwP that you feel works particularly well?
- Is there anything that you feel does not work well?

- Is there anything you'd like to add?

Can you give us one sentence that sums up your experience of using PwP to work with parents?

Closing: Thank interviewee for their time and advise that the all findings will be made available to them.

Appendix G – Interview Guide: Practice Stakeholders

Practice Stakeholder Interview Guide

This guide is for stakeholders who have interacted with PwP and who have a practice context/ are working with families. This could include staff from partner/related services or agencies, or local staff who work with children in another capacity, for example education welfare or CAMHS.

Introduction:

Brief description of the study and what is being examined. Why we wish to speak with the participant and how the data will be used.

3. Ask if the participants are happy to be audio recorded. (Record consent process)
4. Explain the consent process and gain consent.

Questions:

Introduction:

- Can you briefly introduce yourself and explain your role?
- Can you briefly describe the context of your interaction with Barnardos and PwP? (How your professional role interacts with PwP)

Context:

- Can you tell us a little about the families you work with (composition, ages of children, socio-economic status)?
- Can you tell us about some of the presenting needs of the families you have worked with?
- Aside from your work, are you familiar with other supports families may avail of?

Parenting Programmes:

- Do you think parenting programmes are important in contributing to outcomes for children and families? If so, how?
- Have you used other parenting programmes at any stage?
 - How do you think PwP compares?
- Are you familiar with any other home-based services?
- Do you think there is anything different about home-based services?

PwP Delivery:

- What do you know about PwP?
- What are your views of the PwP programme?
 - Appropriate? Effective?
- Based on your/your service's experience delivering PwP or working with families with who PwP has been delivered, do you think it contributes to improved outcomes for parents and families? If so, how?
- Is it better suited to any cohort of parents?

- Is there any aspect of the programme that you feel works particularly well?
- Have you found that there are families/parents that the programme doesn't suit/work well for?
- Is there anything you would change about the programme?
- Are there any recommendations you would make for the programme going forward?

Closing

- Is there anything you would like to add in relation to your experience of the programme?

Appendix H – Interview Guide: High-level Stakeholders

PwP High Level Stakeholder Interview Guide

This guide is for use with stakeholders who have interacted with PwP in some way but are not currently in family support practice context. This could include, for example, CYPSC Coordinators, commissioning or funding partners, policy-makers, task force members.

Introduction:

Brief description of the study and what is being examined. Why we wish to speak with the participant and how the data will be used.

1. Ask if the participants are happy to be audio recorded. (Record consent process)
2. Explain the consent process and gain consent.

Potential Questions:

Introduction (round of introductions, individual):

- Can you briefly introduce yourself and explain your role?
- Can you briefly describe the context of your interaction with Barnardos and PwP? (How your professional role interacts with PwP)

For local area high level stakeholders ONLY:

- Can you tell us a little about the families you work with (composition, ages of children, socio-economic status)?
- Can you tell us about some of the presenting needs of the families you have worked with?
- Can you tell us a bit about the family support landscape in your area?

PwP Delivery (questions will be tailored to stakeholder):

- What do you know about PwP?
- What are your views of the PwP programme?
 - Appropriate? Effective?
- Based on your knowledge of PwP, do you think it contributes to improved outcomes for parents and families? If so, how?
- Is there any aspect of the programme that you feel works particularly well?
- Is there any aspect that you feel doesn't work that well or is not effective?
- What do you think works best about the programme?
- Is there anything you would change about the programme?
- Are there any recommendations you would make for the programme going forward?

Parenting Programmes:

- Are you familiar with other parenting programmes?
 - How do you think PwP compares?
- Are you familiar with any other home-based services?
- Do you see parenting programmes as important to family support?

Closing

- Is there anything you would like to add in relation to parenting programmes of PwP?

Appendix I – Schedule of Online Staff Survey

Survey of Staff:

As part of our evaluation of Partnership with Parents (PwP), we are inviting all staff to complete a short survey focusing on their experiences of the programme. This survey is designed to gather some information about you, your work and the time you spend with parents taking part in PwP. We would encourage all staff to complete this short survey, as it will provide important information for the evaluation. All information collected is anonymous and will be kept confidential and secure (in a locked cabinet or in password protected computer files). If you would like to contact the research team, email Nuala.Connolly@barnardos.ie.

Thank you for your help with the research.

Section A: Background Information

This section provides us with background information about your work.

1. Gender:
 Male
 Female
2. Your Project: _____
3. Your Role: _____
4. How long have you been working with Barnardos?
 <1 year
 1-3 years
 4-7years
 8 years+
5. How long have you been delivering PwP?
 <1 year
 1 - 2years
 3 -4 years
 5 years+
6. How many PwP parents did you work with in the past year? _____
7. How many PwP parents are you currently working with? _____

Section B Partnership with Parents Programme

In this section, we want your views on the PwP programme and plug-ins.

8. What plug-ins are you most likely to use with parents?

Parent-Child Relationship,

Behaviour,

Routines,

Social Development,

Education,

Physical Development

And why.....? _____

9. What plug-ins are you least likely to use with parents?

Parent-Child Relationship,

Behaviour,

Routines,

Social Development,

Education,

Physical Development

And why.....? _____

10. How often do you use Practical Support

Very Often,

Often,

Sometimes,

Rarely,

Never

And why? _____

11. How often have you used Crisis Management

Very Often,

Often,

Sometimes,

Rarely,

Never

And why? _____

12. How appropriate are the materials for your work with parents?

- Parent-Child Relationship,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Behaviour,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Routines,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Social Development,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Education,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Physical Development,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Crisis Management,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Practical Support

- Extremely
- Very
- Moderately
- Slightly
- Not at all

13. How important are the materials for your work with parents?

- Parent-Child Relationship,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Behaviour,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Routines,

- Extremely
- Very
- Moderately
- Slightly
- Not at all

- Social Development,

- Extremely
- Very
- Moderately

- Slightly
- Not at all

- Education,
 - Extremely
 - Very
 - Moderately
 - Slightly
 - Not at all

- Physical Development,
 - Extremely
 - Very
 - Moderately
 - Slightly
 - Not at all

- Crisis Management,
 - Extremely
 - Very
 - Moderately
 - Slightly
 - Not at all

- Practical Support
 - Extremely
 - Very
 - Moderately
 - Slightly
 - Not at all

Section C Programme Delivery

In this section, we want your opinion on the delivery of PwP with parents.

14. What type of parent does PwP work well with?

15. What type of parent is PwP less suited to?

16. Do any aspects of the programme work well?

Yes

No

If yes, please elaborate _____

17. What do you see an important to the success of the programme?

18. Have you experienced any challenges delivering the programme to parents?

Yes

No

If yes, please elaborate _____

19. Is there anything you would like to do with PwP parents, but have not been able to do?

Yes

No

If yes, please elaborate _____

20. Are there things you think would work better if they were different? If so, please elaborate

Yes

No

If yes, please elaborate _____

21. Based on your experience delivering PwP, how do you think it contributes to improved outcomes for parents and families? Please rate the following statements:

To a Great Extent, Somewhat, Very Little, Not at All

- establishes a partnership between the parent and worker
- is centred on improving outcomes for the child
- increases parent child communication
- increases parental understanding of and ability to manage their child's behaviour
- improves child's social development
- supports the introduction of consistent routines
- increases parental involvement in child's education
- ensures the child's physical needs are met
- increases parental ability to manage crises effectively

22. How do you feel about your work delivering PwP? Please tick one box for each of the following statements:

Not True, Somewhat True, Certainly True

- I feel confident in my role
- I feel supported in my role
- I received the training I needed to do my job well
- I am given adequate feedback about my performance

- I am satisfied with my work delivering PwP
- The wheel is a good assessment tool
- The PRCI is a good assessment tool

23. Have you any other comments on your work delivering PwP to parents?

Yes

No

If yes, please elaborate _____