

# The Adopted Child/Teen in the Classroom-a workshop with Barnardos Post Adoption Service



**Barnardos Post Adoption Service is a specialist therapeutic support service for adopted children, teenagers and their parents. Individual and group services are provided as well as advice for professionals. The service is national and is based across three centres in Dublin, Cork and Galway.**

The purpose of this hour and a half long training is to explore key issues that arise for adopted –and fostered-children in the school environment, it is designed specifically for teachers and school support staff. It will give an insight into how early relational trauma and attachment affects brain development and why school can be challenging for adopted children. In addition to everyday challenges, early attachment issues can be triggered again for some adopted children as they mature and become more independent. Throughout this training we will explore strategies to support children in your classroom.

## **Training Content:**

The workshop will focus on:

- Effects of early trauma/neglect
- Common behavioural and learning issues
- Classroom strategies for anxious/dysregulated children
- Adoption identity and stages of understanding
- Strengthening self-esteem

**Length of training:** 1 hour 30min

**Cost:** €150

**Location:** The training is currently being delivered online to groups of teaching staff nationally

**Facilitators:** Barnardos Post Adoption Therapeutic team

To book or for further information please contact Christine Hennessey, Project Leader Barnardos Post Adoption Service

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**Barnardos**