



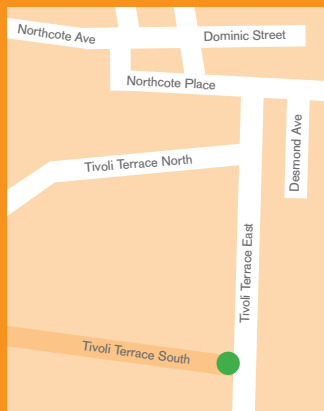
Barnardos
Tivoli


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Barnardos offers information, help and support to children, young people and their parents/carers. Our focus is on supporting and promoting children's development and helping parents with their parenting.

When you come to our service, staff will meet you, talk with you and see how we can help. Services are offered on the basis of the needs of your child or family.

Some of the ways we help mothers, fathers, carers and children include:

- Ensuring children have a positive experience of childhood
- Supporting children to have a sense of their own abilities
- Encouraging children to develop positive relationships with their peers and adults
- Helping communication and relationships between parents/carers and their children
- Supporting children and parents/carers to build confidence and self-esteem
- Supporting children to be active learners and active thinkers
- Helping children develop positive social skills
- Helping children to understand and express their emotions appropriately
- Enabling and supporting children to reach their developmental milestones
- Ensuring children develop a clear understanding of their actions and consequences
- Helping parents/carers to establish and use appropriate and consistent boundaries and routines in their parenting
- Helping parents/carers to manage their children's behaviour
- Supporting parents to play an active role in their child's development
- Providing opportunities for parents/carers and their children to play together
- Supporting children to make a successful transition into school and to have positive school experiences
- Supporting parents/carers to develop and maintain relationships with their children's teachers, principals and other education workers
- Helping children and parents/carers with life experiences such as separation and loss
- Providing information to families on other issues that affect their children and family e.g. accommodation
- Helping children and families to identify and access services from other agencies