



Barnardos Acorn Parent
Coaching Programme
Tallaght


Barnardos

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Barnardos Acorn Parent
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Barnardos offers information, help and support to children and their parents in the Millbrook area of Tallaght. In Acorn, we help parents to be the best parents they can be by strengthening their parenting skills.

When you come to our service, staff will meet you, talk with you and see how we can help.

Some of the ways we help mothers, fathers and carers include:

- Working directly with parents/carers to help them build on the skills they already have as a parent
- Working with parents/carers to help them to establish daily routines for their children at home
- Supporting and advising parents/carers on issues that are difficult for them as a parent
- Helping parents to be more confident in their parenting
- Supporting and helping parents/carers to improve communication with their children

