



Barnardos Teenage Parent
Support Programme
Newlands Cross


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Barnardos Teenage Parent
Support Programme,
10 Newlands Business Park
Newlands Cross
Clondalkin
Dublin 22

T: 01 403 2080
F: 01 403 2035
E: info@teenparents dublin.ie
www.barnardos.ie

Barnardos Teenage Parent Support Programme works closely with teenage parents and their children to promote and nurture their educational, emotional and social well-being. The service is available to both teen mothers and teen fathers.

When you join our service, staff will meet with you where ever you are comfortable, at home, in school, at the maternity hospital or for a cup of coffee. We will talk with you and see how we can help you.

Some of the ways we help young parents include:

- Offering parents individual support during pregnancy and continuing to support them and their child until s/he is two years old
- Providing advice and information about pregnancy and their baby's health and development
- Helping parents to develop confidence as a young mother or father and supporting them to become a positive influence in their child's life
- Supporting parents in their self-development and helping them to enjoy being a parent
- Supporting parents to remain in, or return to, part-time or full-time education or training (we have a limited fund to help with costs)
- Helping parents understand and access housing, social welfare and other entitlements
- Providing advice to the family of the teen parent so they can offer their support

