

Therapeutic Bereavement Support



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Supporting Bereaved Children & Families

This Barnardos Children's Bereavement Service offers therapeutic support to children and families who are grieving, often due to sudden, unexpected or violent deaths, where traumatic responses can be present along with grief.

Support is offered to the whole family because the impact of the deaths has affected everyone in different ways.

Referrals can be taken from parents / guardians via the Helpline: 01 473 2110. Professionals are welcome to contact the service for a referral form.
Contact: bereavement@barnardos.ie

Our hope is to resource the family to be able to grieve together.

Our systemic approach includes:

- At least one emotionally available adult, ideally from within the home, who needs to be able to be a part of the work together with the child
- A blend of parent-child, individual and family sessions
- Family psychoeducation and support for traumatic responses
- Recognition of and support for the grieving process within each family member
- A mixture of creative arts, play and talking
- Wrap-around support with community-based professionals supporting the family
- We offer support in the aftermath of any cause of death