## Bereavement Training





## Supporting Children Experiencing Traumatic Bereavement

This Barnardos Children's Bereavement Service training aims to equip professionals to recognise and respond to children who have experienced traumatic bereavement.

Zoom training: 2 sessions of 90min

Group size: up to 25

Bespoke options available.

Contact: bereavement@barnardos.ie

"Children don't get traumatised because they're hurt; they get traumatised because they're alone with their hurt."

**Gabor Mate** 

## **AFTER THIS TRAINING YOU WILL:**

- Feel familiar with the range of needs of bereaved children, and parents/carers
- Recognise both trauma and grief in children, and how they can intersect as traumatic grief
- Respond helpfully to children's trauma and grief in your role
- Identify accurately when the child needs specialist support
- Help to create possibilities for resilience and growth within your service
- Possess a toolkit of resources, networks, organisations, and supports for trauma and grief