

Building Trauma Awareness in Early Learning & Care



Overview

This workshop is suitable for Early Years Educators and other professionals working with young children who are interested in learning about adverse childhood experiences and how to foster children's resilience in early learning and care settings.

The aim of this workshop is to introduce participants to the immediate and long lasting impact early adversity can have on children's lives and the importance of creating trauma sensitive early learning and care settings.



Method & Materials

Duration:
3 hours for in-person workshop

Format:
Webinar or Workshop

Group size:
30 participants per training

The workshop will involve presentation, videos and question & answers.



Outcomes

Following the workshop participants will be able to:

- List a range of adverse childhood experiences (ACEs)
- Explain the impact of toxic stress on the developing brain
- Recognise the stress response system in action
- Apply a trauma lens to children's behaviour
- Describe how relationships are key to implementing a trauma informed approach
- Consider ways to introduce trauma informed practices into a setting
- Understand the potential impact on professionals when working with children who have experienced trauma

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