

Promoting the Social & Emotional Well-being of Babies, Toddlers & Young Children in Early Learning & Care; An Infant Mental Approach



Overview

This workshop is suitable for early years educators working with infants, toddlers and pre-schoolers interested in learning more about supporting children's social and emotional wellbeing.

The aim of this workshop is to introduce participants to the concepts of infant mental health and to consider the many ways to support and promote children's social and emotional wellbeing using a relational and attachment based approach.



Method & Materials

Duration:

2 hours (online)
3 hours (in person)

Format:

Webinar or Workshop

Group size:

30 participants per training

The workshop will involve presentation, videos and question & answers.



Outcomes

Following the workshop participants will be able to:

- Define Infant Mental Health (IMH)
- Understand why an IMH approach is important in the Early Learning and Care setting
- Have a basic understanding of attachment theory
- Relate attachment theory to practice
- Consider ways to promote IMH in an Early Learning and Care settings

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