



# Barnardos

Because childhood lasts a lifetime

## Media list for Adopted Adults

### **BARNARDOS BIRTH HISTORY SERVICE**

Dublin: 23/24 Buckingham Street, Dublin 1 and 4 Christ Church Square, Christchurch Place,  
Dublin 8 Tel (01) 8134110

Cork: Blackmore House, Meade Street, Cork Tel. (021) 2038005






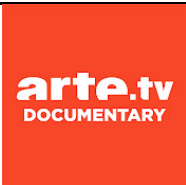
Galway: "The Sanctuary" 27 Chois Chlair, Claregalway Tel. (091) 454489

Email: [birthhistory@barnardos.ie](mailto:birthhistory@barnardos.ie)






Helpline: (01) 4546388 – Tues & Thurs – 10am to 1pm

Suggested Podcasts,  
interviews and films for  
adopted people



AUTHOR	PODCAST	DETAILS
	<p>Missing Persons: Clair Wills on the search for her secret cousin - The Women's Podcast   Acast</p>	<p>British Author and Academic Clair Wills interviewed about her book <i>Missing Person's, Or My Grandmother's Secrets</i></p> <p>The Irish Times Women's Podcast – February 2024</p>
	<p><a href="#">Growing Stronger Together by Barnardos Ireland (soundcloud.com)</a></p>	<p>The Growing Stronger Together podcast is a collection of stories provided by 14 birthmothers, sharing their experience with adoption and the support they received from Barnardos.</p>
	<p><a href="#">Adopted Margaret cries tears of joy when she finds out her biological mother is still alive - BBC (youtube.com)</a></p>	<p>DNA helps an adoptee to find answers about her birth mother</p> <p>DNA Family Secrets – March 2021</p>
	<p>Dara Ó Briain tells Ryan about the moment he met his birth mother   The Late Late Show   RTÉ One (youtube.com)</p>	<p>Comedian Dara O'Briain speaks about meeting his birth mother.</p> <p>The Late Late Show - April 2022</p>
	<p>Dara O Briain: So Where Were We? - BBC Stand-Up Comedy (youtube.com)</p>	<p>Dara O'Briain on BBC Stand Up Comedy speaking about his search for birth family.</p> <p>BBC – January 2024 – watch from the 30 minute mark</p>
	<p><a href="#">Ireland's Forced Adoptions   ARTE.tv Documentary (youtube.com)</a></p>	<p>A Documentary by ARTV on Ireland's adoption history, featuring writer Paul Jude Redmond.</p> <p>Aug 2023</p>

	<p><a href="#">Uchtú - Evanne Ní Chuilinn   The Story of Adoption in Ireland   TG4 Documentary (youtube.com)</a></p>	<p>Evanne Ni Chuilinn Documentary on History of Adoption in Ireland</p> <p>TG4 – Feb 2021</p>
	<p><a href="#">RTÉ Investigates: Ireland's Illegal Adoptions - RTÉ Player (rte.ie)</a></p> <p>36</p> <p>+++++</p>	<p>RTE investigates Ireland’s illegal adoptions</p> <p>March 2021</p>
	<p><a href="#">Podcast Special - Adoption in Ireland with Andrew Walker   The Adoption and Fostering Podcast (podbean.com)</a></p>	<p>The Adoption and Fostering Podcast speaks to Barnardos Andrew Walker –</p> <p>Sept 2023</p>
	<p><a href="#">Adoption Stories   A Flawless Films Production   Maureen and Elayne (youtube.com)</a></p>	<p>Adoption Stories – The story of an US adoptee born in Bessborough and her search for her birth mother, and a sibling reunion story.</p> <p>Virgin Media – Feb 2013</p>
	<p>Thriving Adoptees: Lets Heal</p>	<p>Podcast series by Simon Benn</p> <p>Healing, inspiration and empowerment for adoptees.</p>
	<p><b>Return to Seoul</b></p> <p>Directed by Davy Chou, 2022 Distributed by Sony Pictures Classics Running Time 1 hour 59 mins</p>	<p>A 25-year-old French woman returns to North Korea, from where she was adopted as a baby, to look for her biological parents.</p>

	<p style="text-align: center;"><b>Found</b></p> <p style="text-align: center;">Directed by Amanda Lipitz, 2021 Distributed by Netflix Running time 98 Minutes</p>	<p>Three adopted American teenage girls discover that they are blood-related cousins. Their online meeting inspires the young women to embark on a once-in-a-lifetime journey to China together in search of answers, connections and their lost history.</p>
	<p style="text-align: center;"><b>Three Identical Strangers</b></p> <p style="text-align: center;">Directed by Tim Wardle, 2018 Distributed by Neon Running time 96 Minutes</p>	<p>American Documentary about the lives of three strangers, who discover they are identical triplets, separated and adopted at birth.</p>
	<p style="text-align: center;"><b>Philomena</b></p> <p style="text-align: center;">Directed by Stephen Frears, 2013 Distributed by 20<sup>th</sup> Century Fox Running Time: 98 mins</p>	<p>Based on the 2009 book <i>The Lost Child of Philomena Lee</i> by journalist Martin Sixsmith, of Lee's fifty-year search for her son, who was adopted.</p>
	<p style="text-align: center;"><a href="#">Reckoning with The Primal Wound official trailer (youtube.com)</a></p> <p style="text-align: center;"><b>Documentary by Rebecca Allison Sansom</b></p>	<p>A film reckoning with relinquishment trauma and Nancy Verrier's landmark book, <i>The Primal Wound</i>.</p>
	<p style="text-align: center;"><b>Lion</b></p> <p style="text-align: center;">Directed by Garth Davis, 2016 Distributed by Transmission Films Running Time: 118 mins</p>	<p>Based on Saroo Brierley's memoir, <i>Lion</i> is the story of an Indian boy who gets separated from his family and adopted by an Australian couple.</p>