

Contact us via:

Email: [birthhistory@barnardos.ie](mailto:birthhistory@barnardos.ie)

Our centres:

## DUBLIN

4 Christchurch Square, Dublin 8 D08 DT63  
23/24 Buckingham Street Lower, Dublin 1  
Tel: (01) 813 4100

## CORK

Blackmore House, Meade Street, Cork  
Tel (021) 203 8005

## GALWAY:

The Sanctuary, 27 Chois Chlair, Claregalway  
Tel: (091) 454489

## Our National Helpline:

Tuesdays and Thursdays, 10am – 1pm  
Tel: 00 353 (1) 454 6388

Barnardos aims to deliver services and work with families, communities, and our partners to transform the lives of individuals who are affected by adverse childhood experiences.

Registered Charity No. 20010027

# Barnardos

## Boarded Out Practical Support Service for Adults

supported by Tusla



**Boarded Out** is a term used to describe children who were fostered or raised with families other than their own in Ireland. This happened mainly between 1920 and 1970. There was also a practice of being nursed out, where infants were placed with women who could care for them. Some children were boarded out up to the introduction of the 1991 Child Care Act.

While many children were boarded out on farms in rural areas, children were also placed in homes in larger towns and cities.

Therapeutic support can also be accessed through Barnardos Birth History Service.

---

## Get in touch

Email: [birthhistory@barnardos.ie](mailto:birthhistory@barnardos.ie)

Tel: (01) 813 4100

If you have experience of being boarded out and would like to avail of practical support, you can contact Barnardos Boarded Out Practical Support Service for Adults.

We provide a free and confidential service offering a wide range of practical supports including:

- Support to access health, community and social services
- Support with isolation and loneliness
- Assistance in filling out forms and grant applications
- Advocacy, information and signposting
- Referral to Barnardos therapeutic supports